

**At the *Holiner Psychiatric Group* we strive to provide you with the best quality care possible. To aid us in making this possible we have provided a short list of what to bring and what to expect at your initial appointment.**

**We look forward to meeting you and designing a patient specific plan to fit your needs.**

**What to bring:**

List of prescription or over the counter medications and doses previously tried with outcome listed

List of any current prescription or over the counter medications with doses

List of any drug allergies or interactions that you have had in the past

Completed registration forms found at [www.holinergroup.com](http://www.holinergroup.com) under the “forms” tab

Picture I.D.

Insurance card

**What to expect:**

Possible pre-screening computerized psych testing will be done in the waiting room and reviewed by your provider.

Your appointment will begin with a Nurse Practitioner or Physician Assistant to knowledgeably assist your physician with diagnostic evaluation and appropriate treatment plan.

Possible in office UDS may be done at your clinician’s discretion.

Please expect to be in our office for at least 1.5 hours to complete the services described above.

Arrive 20-30 minutes prior to appt to complete the registration process and possible computerized psychological testing

Approximately 45 minutes will be spent with Nurse Practitioner or Physician Assistant

Approximately 15 minutes will be spent with your physician to design your patient specific plan and possibly set a medication regimen

**After your initial appointment:**

You will have a 15 minute follow-up appointment with either your physician, nurse practitioner or physician assistant based on your scheduling request and times available

Please be advised all refill requests can take up to 48 hours in business days

To avoid late cancelation and no show charges if you need to cancel an appointment please call our office at least 24 hours in advance. (All voicemails are time stamped if our office is closed)

**If you have any issues or concerns please do not hesitate to contact our offices at:**

**972-566-4591 (Dallas location) 469-742-0199 (McKinney location)**